

Parents Betrayed

Introduction

Pasquale De Marco is a leading expert on the impact of divorce on children. He has written extensively on the topic and has lectured to audiences around the world. In this book, he draws on his years of experience to provide a comprehensive overview of the challenges facing children of divorce.

Divorce is a difficult experience for everyone involved, but it can be especially traumatic for children. They may feel confused, angry, and abandoned. They may worry about which parent they will live with, how they will see the other parent, and how their lives will change.

The good news is that children can and do recover from divorce. With the right support, they can learn to

cope with their emotions, rebuild their relationships with their parents, and thrive in their new family situation.

This book provides parents with the information and tools they need to help their children through divorce.

It covers a wide range of topics, including:

- The emotional impact of divorce on children
- The legal process of divorce
- How to talk to children about divorce
- How to help children cope with their emotions
- How to rebuild relationships with children after divorce
- How to create a positive co-parenting relationship

This book is an essential resource for any parent going through divorce. It is full of practical advice and support that can help you and your children through this difficult time.

Divorce is a life-changing event, and it can be especially challenging for children. This book provides parents with the information and tools they need to help their children through divorce and rebuild their lives.

Book Description

Parents Betrayed is an essential guide for parents going through divorce. Drawing on the latest research and his years of experience, Pasquale De Marco provides a comprehensive overview of the challenges facing children of divorce and offers practical advice on how to help them cope.

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Chapter 1: The Broken Promise

The sanctity of marriage

Marriage is a sacred institution that has been around for centuries. It is a union between two people who love and care for each other and who are committed to spending their lives together. Marriage is not just a legal contract; it is a spiritual and emotional bond.

When a couple gets married, they make a promise to each other to love, honor, and cherish each other for the rest of their lives. They promise to be there for each other through good times and bad, and to work together to build a happy and fulfilling life.

The sanctity of marriage is important for several reasons. First, it provides a stable and loving environment for children. Children who grow up in homes with married parents are more likely to be happy, healthy, and successful than children who grow up in homes with single parents.

Second, marriage helps to protect the emotional and financial well-being of spouses. Married couples are more likely to be happy and satisfied with their lives than unmarried couples. They are also more likely to have financial security and to be able to weather difficult times together.

Third, marriage is a force for good in society. Married couples are more likely to be involved in their communities and to volunteer their time to help others. They are also more likely to be law-abiding citizens.

The sanctity of marriage is under attack today. The divorce rate is rising, and more and more couples are choosing to live together without getting married. This is a dangerous trend that is eroding the foundation of our society.

We need to do everything we can to protect the sanctity of marriage. We need to teach our children about the importance of marriage and to encourage them to get married and stay married. We also need to support

married couples and to make it easier for them to stay together.

Marriage is a beautiful and sacred institution that deserves our protection. It is the foundation of our society and the key to a happy and fulfilling life.

Chapter 1: The Broken Promise

The impact of divorce on children

Divorce is a major life event that can have a profound impact on children. Children of divorce may experience a range of emotions, including sadness, anger, confusion, and fear. They may also worry about the future and how their lives will change.

The impact of divorce on children can vary depending on a number of factors, including the age of the child, the reasons for the divorce, and the level of conflict between the parents. However, some of the common effects of divorce on children include:

- **Emotional problems:** Children of divorce are more likely to experience emotional problems, such as depression, anxiety, and low self-esteem. They may also be more likely to engage in risky behaviors, such as substance abuse and delinquency.

- **Behavioral problems:** Children of divorce are more likely to have behavioral problems, such as aggression, disobedience, and withdrawal. They may also be more likely to have difficulty paying attention in school and getting along with peers.
- **Academic problems:** Children of divorce are more likely to have academic problems, such as lower grades and higher dropout rates. They may also be more likely to have difficulty concentrating and completing homework assignments.
- **Social problems:** Children of divorce are more likely to have social problems, such as difficulty making friends and keeping relationships. They may also be more likely to be bullied and rejected by peers.

The impact of divorce on children can be significant and long-lasting. However, with the right support,

children can recover from divorce and go on to lead happy and productive lives.

Here are some tips for helping children cope with divorce:

- **Be honest and open with your children about the divorce.** Explain to them what is happening and why. Answer their questions honestly and in a way that they can understand.
- **Reassure your children that they are not to blame for the divorce.** Let them know that you love them and that you will always be there for them.
- **Encourage your children to express their feelings.** Let them know that it is okay to feel sad, angry, or confused. Help them to find healthy ways to express their emotions.
- **Spend quality time with your children.** Make sure to spend plenty of time with your children,

both individually and as a family. This will help them to feel loved and supported.

- **Be patient and understanding.** It takes time for children to adjust to divorce. Be patient and understanding with them as they go through this difficult process.

Divorce is a difficult experience for everyone involved, but it is especially difficult for children. By following these tips, you can help your children to cope with divorce and go on to lead happy and productive lives.

This extract presents the opening three sections of the first chapter.

Discover the complete 10 chapters and 50 sections by purchasing the book, now available in various formats.

Chapter 10: A Call to Action

The hope for a better future

Despite the challenges that children of divorce face, there is hope for a better future. With the right support, they can learn to cope with their emotions, rebuild their relationships with their parents, and thrive in their new family situation.

One of the most important things that parents can do is to create a positive and supportive environment for their children. This means providing them with love, stability, and reassurance. It also means being open and honest with them about the divorce and answering their questions in a way that they can understand.

Another important thing that parents can do is to encourage their children to stay connected with both parents. This can be difficult, especially if the parents are not on good terms. However, it is important for

children to have a relationship with both of their parents, even if it is not a perfect one.

Finally, parents need to be patient and understanding with their children. Divorce is a major life change, and it takes time for children to adjust. There will be setbacks along the way, but with love and support, children can and do recover from divorce.

In addition to the support of parents, children of divorce also need the support of other adults in their lives, such as teachers, counselors, and grandparents. These adults can provide children with a sense of stability and reassurance, and they can help them to cope with the challenges of divorce.

With the right support, children of divorce can overcome the challenges they face and build happy and healthy lives. They can learn from the experience of their parents and create their own families that are built on love, respect, and communication.

The hope for a better future is what drives parents to fight for their children's rights. It is what motivates them to create a positive and supportive environment for their children, and it is what gives them the strength to keep going, even when things are tough.

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