

The Wisdom from the Future

Introduction

In *The Wisdom from the Future*, Pasquale De Marco shares her profound insights into the nature of reality, the power of the human mind, and the path to personal transformation. Drawing on her own experiences and the wisdom of ancient traditions, Pasquale De Marco offers a practical guide to help readers awaken to their true potential and create a life of joy, fulfillment, and purpose.

The Wisdom from the Future is divided into ten chapters, each of which explores a different aspect of the human experience. In Chapter 1, "The Awakening," Pasquale De Marco discusses the importance of self-discovery and the journey to find our true selves. In Chapter 2, "The Nature of Reality," she explores the different theories about what reality is and how we can

use our consciousness to create a better life for ourselves.

In Chapter 3, "The Source of Creation," Pasquale De Marco discusses the different theories about where the universe came from and the role of the divine in our lives. In Chapter 4, "The Path of Transformation," she offers a practical guide to help readers navigate the different stages of personal transformation.

In Chapter 5, "The Power of Love," Pasquale De Marco explores the different types of love and how we can use love to heal ourselves and others. In Chapter 6, "The Wisdom of the Ancients," she discusses the different ancient cultures and their beliefs and how we can learn from their wisdom.

In Chapter 7, "The Future of Humanity," Pasquale De Marco explores the different possibilities for the future and how we can create a better future for ourselves and for the world. In Chapter 8, "The Ascension

Process," she offers a practical guide to help readers navigate the different stages of ascension.

In Chapter 9, "The Role of the Individual," Pasquale De Marco discusses the importance of personal responsibility and how we can make a difference in the world. In Chapter 10, "The Call to Action," she calls readers to take action to create a better future for themselves and for the world.

The Wisdom from the Future is a powerful and inspiring book that will help readers to awaken to their true potential and create a life of joy, fulfillment, and purpose.

Book Description

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Chapter 1: The Awakening

The call from the future

In the stillness of the night, as the stars twinkled above, I lay in bed, lost in contemplation. My mind raced with thoughts of the future, of all the possibilities and uncertainties that lay ahead. Suddenly, a strange and unexpected thing occurred.

A voice, clear and resonant, filled my mind. It was a voice unlike any I had ever heard before, a voice that seemed to come from both within and outside of me.

"Do not be afraid," the voice said. "I am here to guide you."

I was filled with a mix of awe and trepidation. "Who are you?" I asked.

"I am your future self," the voice replied. "I have come to help you on your journey."

I was stunned. My future self? What did it want with me?

"I have seen the path that lies ahead for you," the voice continued. "It is a path filled with both challenges and opportunities. But I know that you have the strength to overcome the challenges and to seize the opportunities."

The voice went on to tell me about the things that I would experience in the future. It told me about the people I would meet, the places I would go, and the things I would learn.

As I listened to the voice, I felt a sense of peace and assurance. I knew that I was not alone on my journey, that I had a guide who would help me along the way.

When the voice had finished speaking, it faded away, leaving me alone in the silence of the night. But I was no longer afraid of the future. I knew that I had the strength to face whatever challenges came my way.

I closed my eyes and fell asleep, filled with a sense of hope and optimism. I knew that my future was bright, and that I was ready to embrace it.

Chapter 1: The Awakening

A glimpse into the evolved self

In the depths of our being, there lies an evolved self, a version of ourselves that has transcended the limitations of our current consciousness. This evolved self is wise, compassionate, and connected to the source of all life. It is the part of us that knows our true purpose and potential.

To glimpse this evolved self, we must first quiet our minds and open our hearts. We must let go of our attachments to the past and our fears of the future. In the stillness of the present moment, we can begin to connect with our inner wisdom.

As we connect with our evolved self, we may experience a sense of peace and joy. We may feel a deep sense of purpose and direction. We may also experience a profound connection to the world around us.

The evolved self is always there for us, guiding us and supporting us on our journey. It is a source of strength and inspiration. As we connect with our evolved self more and more, we will begin to live our lives in alignment with our true purpose.

Here are a few tips for connecting with your evolved self:

1. **Meditate regularly.** Meditation is a powerful way to quiet your mind and open your heart. When you meditate, simply sit in a comfortable position and focus on your breath. Allow your thoughts to come and go without judgment.
2. **Spend time in nature.** Nature is a powerful healer and teacher. When you spend time in nature, you can connect with the rhythms of the earth and the wisdom of the natural world.
3. **Read inspiring books and listen to uplifting music.** The words of great thinkers and artists

can inspire us to connect with our own inner wisdom.

4. **Spend time with positive people.** The people we surround ourselves with have a significant impact on our thoughts and feelings. Surround yourself with positive people who support your growth and evolution.

As you connect with your evolved self more and more, you will begin to live a life that is more aligned with your true purpose. You will experience greater peace, joy, and fulfillment. You will also be a more positive force in the world.

Chapter 1: The Awakening

Embracing the power within

We all have the power to create the life we want. We all have the ability to achieve our dreams and goals. The power to create a better future for ourselves and for the world lies within us.

To embrace the power within, we must first believe in ourselves. We must believe that we are capable of achieving anything we set our minds to. We must believe that we are worthy of success and happiness.

Once we believe in ourselves, we can begin to tap into the power within. We can begin to use our thoughts, words, and actions to create the life we want.

We can use our thoughts to create positive outcomes. We can use our words to speak life into our dreams. We can use our actions to take steps towards our goals.

The power within is not something that we have to go out and find. It is already within us. We just need to learn how to access it and use it.

Here are a few tips for embracing the power within:

- **Spend time in silence and meditation.** This will help you to connect with your inner self and to hear your inner voice.
- **Write down your dreams and goals.** This will help you to focus on what you want to achieve and to stay motivated.
- **Take action towards your goals.** Even small steps can make a big difference.
- **Don't give up on your dreams.** There will be times when you feel like giving up, but don't give up. Keep going and you will eventually achieve your goals.

The power within is real. It is a powerful force that can be used to create a better future for ourselves and for

the world. Believe in yourself, tap into the power within, and create the life you want.

This extract presents the opening three sections of the first chapter.

Discover the complete 10 chapters and 50 sections by purchasing the book, now available in various formats.

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